

LOOK GREAT THIS SUMMER

We find five of the best places to get you in tip-top condition this season

CALM AND CLEAR COMPLEMENTARY THERAPIES

Calm and Clear Complementary Therapies is a one-stop multi-disciplined holistic therapy centre specialising in calming and rejuvenating the mind, body and spirit by offering you a number of holistic top to toe treatments to help you through the summer months. Try the sumptuous Facial Rejuvenation and opulent Facial Combination treatments which are the ultimate soothing and reviving treatments for your skin pre and post sun exposure. For hayfever symptoms the refreshing Hopi ear candle treatment can help to alleviate the associated nasal, sinus & ear congestion.

SPECIAL OFFER *Currently running an offer of buy 5 and get 1 free on all Facial Rejuvenation, Holistic Facials and Hopi Ear candle treatments taken by the end of June at our Islington clinic or get £10 off your first treatment. Quote City and Angel to redeem. Other terms apply, please ask for details.*

Based within Neal's Yard Remedies, 295 Upper Street, London N1 07947359838, www.calmandclear.co.uk

