

Rima Shah - DIFFERENCE IN FACE TREATMENTS

	<u>FACIAL REJUVENATION</u> (<u>Natural facelift massage</u>)	<u>HOLISTIC FACIAL</u> (<u>NYR facial</u>)	<u>MLD FACIAL</u>
PRODUCTS USED?	No products used	<u>NYR products</u> used	No products used
BEST FOR WRINKLES AND LINE	Best for <u>reducing fine lines</u> and wrinkles, and toning the skin and muscles	Has some effect due to the products, but not as much as FR.	Better than holistic facial. Very good for helping aging skin
BEST FOR CLEANSING	No products used so no cleansing element.	As products are used this is the best. There is a cleansing, exfoliating, mask, short massage and moisturising element to treatment	No products used so cleansing element
BEST FOR PUFFY FACE/ EYES	Very good – second to MLD	OK – has some effect but least of all 3	Best for all puffiness and water retention + dark circles
FOR SINUSITIS	Good – esp if combined with ear candling	OK	Excellent – esp if combined with ear candling
LENGTH OF TREATMENT	Inc consultation: 1 hour	Inc consultation: 1 hour	Inc consultation: 1 hour

These treatments are also available as **90 minutes sessions** (called a Facial combo).

The best is a mini holistic facial combined with a full treatment of either Facial Rejuvenation or MLD facial.

Any questions then please call Rima on 07947 359 838 or email info@calmandclear.co.uk.

Thank you ☺